

BULK RATE
US POSTAGE
PAID
MORRISON, IL
PERMIT No. 7

RUNNER AGE GROUPS:

Wee Run Pre-K – 2 ND grade		
Fun Run 3 RD – 5 TH grade		
Challenge Run 5 TH – 8 TH grade		
	19 & under	
20-29	30-34	35-39
40-44	45-49	50-54
55-59	60-64	65-69
70+		

DUATHLON CATEGORIES:

Male Ind., Female Ind., Male Team, Female Team, Co-Ed Team

Directions: Morrison is located in Northwestern Illinois on Hwy. 30, approximately 13 miles west of Sterling-Rock Falls, (marked by Hwy 30-Clinton, IA). To get to the High School, turn South at Junction 78-Cherry Street stoplight. Take Route 78 to South edge of Morrison. Turn right on Academic Drive, to parking at Southside School. The high school is located west of Southside School.

Runners: Ribbons to all Wee & Fun Run Participants. First overall Male and Female in each age division awards to Challenge Run participants. 5K participants will receive age division awards three deep. Only one award per person.

Duathletes: Awards to top three in M duathlon, and F duathlon, M team duathlon, F team duathlon, and co-ed teams.

Shirts guaranteed to the first 500 entrants

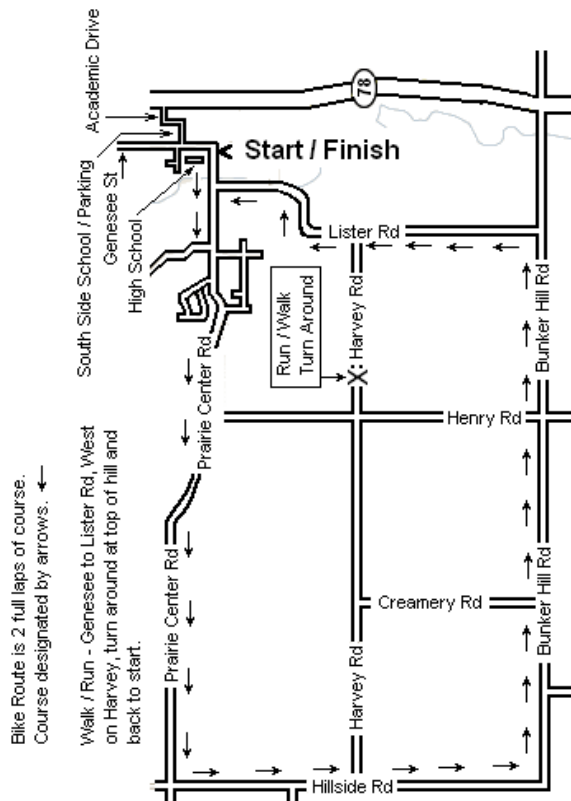
Excellent parking available

One bicycle awarded per kids event
Must be present to win

There are no refunds and the race is held
rain or shine!

*Join us downtown after the race
for Morrison's Annual
Paint the Town and
Rotary Baggo Tournament*

See you at the race!



22nd Annual
HARVEST HAMMER
 MORRISON HIGH SCHOOL
 MORRISON, IL

SATURDAY SEPT 19, 2009



REGISTER ON-LINE
WWW.GETMEREREGISTERED.COM



Proceeds benefit Local Youth,
 Education, Community and
 International Programs of the
Morrison Rotary Club

**22nd ANNUAL
 HARVEST HAMMER**
5K RUN & 21M DUATHLON
SATURDAY, SEPTEMBER 19, 2009

7:30-8:45 AM REGISTRATION

8:15 AM WEE RUN
 (Grades Pre-K to 2)

8:30 FUN RUN & CHALLENGE RUN
 Grade 3-5 Grade 5-8

9 AM 5K RUN/ WALK & DUATHLON
**NO DUAL ENTRIES/DUATHLETES NOT
 ELIGIBLE FOR 5K AWARDS**

Proceeds benefit Morrison Rotary
 Local Youth, Education, Community and
 International Programs.

Race results will be posted at
www.harvesthammer.org

**FOR MORE INFORMATION:
 VISIT OUR WEB SITE AT**
www.harvesthammer.org

Email us at harvesthammer08@yahoo.com
 or Contact Kathy Schmidt 815-772-3249 or
 Vicki Wright 815-499-6066 or
vickiwright@frontiernet.net

HARVEST HAMMER OFFICIAL ENTRY FORM – REGISTER ON-LINE WWW.GETMEREREGISTERED.COM
 Each team participant must complete an individual registration form. For additional forms go to www.harvesthammer.org or copy this form.

Name: _____ Duathlon Team Partner: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Sex: Male Female Age on Race Day: _____ Event: _____

EMAIL: _____

This waiver must be signed by all participants or their parent, if under 18.

I, for myself, my heirs, executors, and administrators, hereby release and forever discharge Morrison Rotary Organization and all Harvest Hammer sponsors, donors, their agents or representatives, the City of Morrison, Mt. Pleasant and Union Grove Townships, Whiteside County, and Morrison Community Unit 6 Schools, of all liabilities, claims, actions, damages, costs, or expenses, including death, which I may have against the Harvest Hammer event, and including all injuries that may be suffered by me, before, during or after. I recognize the difficulties of this event and attest that I am physically fit to compete safely. If competing in the bicycle race, I understand that I am required to wear an ANSI helmet that I must be at least 14 years of age and that no drafting or outside assistance is allowed on any part of the course

Entry Fee: Entrants will be charged an additional \$2.00 day of the race, except for Fun/Challenge Run Races:

\$ 8.00 Wee Run/Fun Run \$10.00 Challenge Run
 \$15.00 Run/Walk \$25.00 Duathlon
 \$40.00 Team Duathlon
 Parents & dependent children of 5 or more in 5K, Wee Run and Challenge Run - \$45.00

Make checks payable to: Morrison Rotary Club
Mail to: City of Morrison Attn: Harvest Hammer
200 W. Main Morrison, IL 61270

Circle long sleeve T-shirt size:

Kids: Small Med Large Adult: S M L XL XXL

Shirts guaranteed to first 500 registrants.

Signature _____

Date _____

Parent's Signature (if runner/walker is under 18) _____